

DAILY RHYTHM

HOMESCHOOL SCHEDULE

CHORES

1:30-2

30 min

MORNING WORK

MATH

READ ALOUD

9:15-9:45

30 min

READING + WRITING LESSON

9:45-10:15

30 min

TV

4:30-5

20-30 min

ART

4-4:30

30 min

FINE MOTOR

10:30-11

30 min

INDEPENDENT FREE PLAY

2-3

30 min

iPAD

3-3:30

20-30 min

OUTSIDE PLAY OR EXERCISE

1-1:30

30 min

STEM

12:30-1

30 min

BIBLE CHALLENGE

12-12:30

30 min

SNACK / PREP LUNCH

11-12

45 min